

September 2020

Outing's subject to Weather and Numbers

centacare
MAKING A DIFFERENCE FNQ

Mon

Tue

Wed

Thu

Fri

Sat

Sun

1 Group Discussion
WHEEL OF WELLBEING
CHEESE & WINE

2 GARDEN WALK
MUNRO MARTIN
MIPLACE ESPRESSO BAR

3 Ten Pin Bowling (\$8 pp)

4 **BBQ LUNCH**
MYSTERY BUS TOURS

6 **HAPPY FATHER'S DAY**

7 **BBQ LUNCH**
Happy Father's Day!
Outdoor Games

8 Morning Coffee @
Kewarra Beach Resort

9 **MUSIC BINGO!**

10 HEALTHY AGING
chair yoga

11 **POP CORN**
AFTERNOON AT THE MOVIES
BRAIN TEASER

12 CHOCOLATE
MILKSHAKE DAY

14 Let's **HEALTHY EATING**
Learn

15 **International Comic Book & Cartoon Day**

16 YOU ARE INVITED
TO BE PAMPERED

17 Mexican Independence day
Let's Visit **MEXICO**
Feeling hot, hot, hot!!

18 **NATIONAL MARITIME DAY**
Nautical Craft

19 20

21 LUNCH at **Balacava**
International Peace & Gratitude Day

22 **CRFT**
JAPANESE COOKING CLASSES

23 **Cowboys & INDIANS WANTED**
REWARD

ART EXHIBITION
Visit Cairns Art Gallery and Coffee

25 **Sing Along**

26 27

28 Botanical Gardens
Guided walk 10am

29 LUNCH at **Surf Club**
PALM COVE

30 Visit & **MALTA**
Taste

STOP CORONAVIRUS COVID-19
PLEASE KEEP SAFE
DISTANCE
1.5 m 1.5 m

It's Healthy Aging Month